

ULTRASOUND INSTRUCTIONS

Pelvic / Obstetric & Gynaecological:

Drink two (2) pints of clear fluid, water, or fruit juice one (1) hour before the examination and do not go to the bathroom to empty your bladder until after the examination.

Abdomen:

You must have nothing to eat or any milk products or soft drinks six (6) hours before the examination.

Combined Examination (Abdomen and Pelvis)/Renal:

1. Take nothing to eat or any milk products or soft drinks six (6) hours before the examination.
2. One (1) hour before the examination you must have two (2) pints of clear fluid or juice.
3. Do not empty your bladder until after the examination.
4. Patient may have clear fluids & juices also.

Transrectal Ultrasound / Biopsy:

Date : Day before the examination - no vegetables or milk, light meals only.

Date : Day of the examination - you may have a light breakfast (toast, tea/coffee, boiled egg NO milk)

One (1) Fleet enema (*adult*)

or Two (2) Fleet enemas (*child size*)

Use as directed one (1) hour before the examination.

Mammography & Breast Ultrasound:

1. Wear a two piece outfit.
2. Do not put creams, ointments or powder on the breasts.