

\*\*\*\*\* BARIUM STUDIES \*\*\*\*\*

**BARIUM SWALLOW & MEAL, (and follow through).**

Only have a light dinner the evening before the examination.  
Take nothing to eat or drink after 10:00 p.m. the night before the examination.  
Absolutely **no food or drink** on the morning of the examination.

**BARIUM ENEMA**

1. Buy one bottle of Phosphosoda.
2. Buy 4 Dulcolax tablets.
3. Buy 1 pack of Glycerine Suppositories.
4. Buy 4 packs of Andrews Salts – leave at home.

**DAY BEFORE EXAM**

As of 8:00 a.m. on \_\_\_\_\_, **no solid foods or dairy products.**

**Breakfast** – Black coffee, or tea, jello, fruit juice, coconut water, soup broth & ENSURE.

**Noon** – Clear fluids as above. NO MILK or CREAM.

**1:00 p.m. – 4:00 p.m.** – Hourly drink 8oz of water or clear fluids (no Ensure).

**5:00 p.m.** – Liquid Dinner. Soup broth, clear fluids. NO MILK or CREAM.

**5:30 p.m.** – Mix and drink 1 bottle of **Phosphosoda with 8oz of water**

**6:00 & 7:00** – Drink 8oz water or clear fluids

**7:30 p.m.** – Take the four (4) Dulcolax tablets with water. **Do not chew.**

**8:00 & 9:00 p.m.** – Drink 8oz of water or clear fluids.

**MORNING OF EXAMINATION**

**DO NOT EAT** – Stay on water, clear fluids, and soup broth.

**Suppositories** – Administer by : \_\_\_\_\_

**Colonic cleansing** - \_\_\_\_\_

**Time** : \_\_\_\_\_ **Cost** : \_\_\_\_\_

**Return to Oxford X-Ray for the Barium Enema.**

**Examination time** - \_\_\_\_\_ **Cost** : \_\_\_\_\_

**Please bring a rag.**

**AQUEOUS CONTRAST SWALLOW/MEAL** – As for Barium swallow and meal.